



PAC News

Deep Cove Elementary School / École Deep Cove

October 2008

Co-President's Message

So what happened? One minute it was still summer and it felt like we shouldn't really be back at school and overnight with the new month came fall.

The new year really got underway well - a huge thank you to the enormous number of people who stepped forward to fill our many volunteer positions. Our class reps are pretty much settled (class reps alone represent over 30 volunteers!) and so we will start seeing regular communications coming from the PAC through those reps. We also have many of the PAC committee coordinator positions filled (another 20 volunteers there!) - thank you again to both returning and new coordinators.

It is worth pausing for a moment to ponder the number of volunteers that come forward at Deep Cove Elementary and the enormous volume of work we accomplish each year. Without pausing now and again to ponder, we run the risk of taking this work and our volunteers for granted. So many activities go on in the school (and they run SO smoothly!) thanks to the volunteers ... we must remember to appreciate them!

Do you know that each and every day we have volunteers manning the Safe Arrival desk and preparing toast for the Breakfast Club? Three times per year, a crew organize 3 book fairs, twice a month, the kids receive and fruit or veg treat, once per month the kids enjoy a Hot Lunch. The Earth Week volunteers prepare a fun, environmentally responsible week of activities and have been instrumental in starting up a composting program in the school. And thanks to their lobbying efforts, each classroom has a stainless steel compost bucket and the school has a rodent-proof barrel composter! Louise Boutin is plotting new plans for the courtyard. And the Christmas Fair ... well, the Christmas Fair manages to draw out the support of ALL of us one way or another. The list goes on and on ... we are very lucky at Deep Cove School to have such a wealth of willing parents.

Please join the PAC Executive Committee in welcoming the new Kindergarten parents at the first PAC meeting. The Kindergarten parents will receive a special invitation in their child's communication envelopes to the Wednesday, October 15th meeting which will include light refreshments, introductions and a brief overview about what our PAC is about. As well, this is the meeting where we vote on the annual **Special Funding Requests** that have been presented to the PAC. See page 5 for an amended list of requests. Since you care enough about the PAC spending to help raise these funds, please attend the meeting and make certain it is spent wisely! PAC meetings begin at 7 pm. See you then!

Another great year is up and running!

Cheers,

Karen Gartside and Christine Kenwood

The PAC Executive is Full!!!

The PAC executive committee has a full complement of members, thanks to **Carolyn Jenkinson** and **Penny Sigouin**, who now share the CPF representative position and thanks to **Martine Lunke**, who re-joins the exec committee after a brief hiatus. Welcome all three and thank you for coming forward to help Deep Cove!!!



Scholastic English Book fair

The English Scholastic book fair is coming to the school October 20-23. This is a great opportunity to stock up on Christmas presents and reading books for the year. Please note that depending upon book sales up to 60% of the proceeds we take at the book fair goes straight back into our library. If you are interested in volunteering to help with the book fair please contact Janice Mosher. iam_jcmosher@yahoo.com

CPF ANNUAL MAGAZINE DRIVE

"Magazines make great gifts!"
CPF's annual magazine drive has begun! You may order online, using our group number 16681 and including your child's name, teacher and grade level so that these orders can be included in determining prizes. If you would like to pay by cheque, please complete your form, make your cheque payable to CPF-Saanich and return them to school in a sealed envelope clearly marked "CPF magazine drive" or drop them off personally in the box that will be available at the office. Thank you for your participation.

Visit our website www.deepcovepac.ca

Class Representatives 2008-2009

Thank you to our keen parents who are the new class reps!!! The job is a great way to get to know your child's class and teacher and is crucially important to the smooth running of our PAC. Please note that the only class missing a rep at the moment is Mrs. Hardcastle and Mrs. Menzies' class. If you are a parent in that class and can help out please let Christine know.

Parent Name	Email	Class	Div
Laurie Irwin	leirwin@shaw.ca	Lebel	1
Carol Hoedeman	choedeman@shaw.ca	Lebel	1
Brenda Houston	bfhouston@shaw.ca	Lebel	1
Jane Ellman	chaletestate@shaw.ca	Richards	2
Kathy Van Wyk (Sept – Jan)	kathyvanwyk@shaw.ca	Richards	2
Cheryl Smith (Jan – June)	cabazon@shaw.ca	Richards	2
Fiona Coleman	fcoleman@shaw.ca	Jungen	3
Dawn Mooney	cdmooney@telus.net	Jungen	3
Kristine Tamburri	kmtamburri@telus.net	Collins	4
Laurel Schoenrank	laschoenrank@shaw.ca	Collins	4
Kelly Tomer	kbulltomer@shaw.ca	Robinson	5
Lisa Coulson	lmculson@shaw.ca	Robinson	5
Catie Oates-Hill	catieo@telus.net	Robinson	5
Kathy Harapnuk	penkat@telus.net	Bocking & Roper	6
Gary Miles & Rose Brink	garyrose@wwcb.co.za	Bocking & Roper	6
		Hardcastle & Menzies	7
Vik Peck	vpeck@aspreva.com	Beaudry	8
Janine Reedeker	reed@telus.net	Beaudry	8
Susan Fidyk	sfidyk@centralmail.com	Lister	9
Leann Collins	lmcollins@shaw.ca	Lister	9
Penny Sigouin	gplsigy@telus.net	Lanouette	10
Julie Morris	jmorris@intravsn.com	Lanouette	10
Brenda Cavaggion	cacequip@telus.net	Lanouette	10
Kelly Tomer	kbulltomer@shaw.ca	Williams	11
Shawn Ingham	ingham@shaw.ca	Williams	11
Cindy Greenway	kcgreenway@shaw.ca	Manning/Barradell	12
Leann Collins	lmcollins@shaw.ca	Hill	13
Nicole Fletcher	nbfletcher@shaw.ca	Hill	13
Julie Newman	pjnewman@pacificcoast.net	Chouinard	14
Chris Fraser	hayvin@shaw.ca	Chouinard	14
Chris & Cathy Swain	ccswain@shaw.ca	Manning	15
Lisa Wright	wrightl1@telus.net	Taylor am	16
Shelly Rebneris	rsrebneris@shaw.ca	Taylor am	17
Ciara Dooley	cdooleyis@shaw.ca	Taylor pm	16
Brenda Cavaggion	cacequip@telus.net	Taylor pm	17



Merci Beaucoup

Thank-you to all the people who have volunteered their time to the PAC committees this year. All of these programs are run for the children, by the parents. Without your help our students would not have such a wonderfully enriched learning environment. Thank-you! If you are looking for ways to get involved, please feel free to contact any members of the PAC Executive or email info@deepcovepac.ca, we are always looking for enthusiastic volunteers.



Bus Update

The bus from Dean Park (Bus 9) in the AM is changing its pickup times. It is now approximately 10 minutes earlier.

Thrifty's Smile Cards

Congratulations! Last year, simply by using our smile cards, we raised \$3000 for our children's field trips. Please hang on to your cards, but don't load them yet. We are awaiting approval from Thrifty's for this year's fundraising -- we will let you know when you can start loading your cards!

PAC Committees

Please join us in thanking the many volunteers who came forward to coordinate or participate in the many committee activities that we have at Deep Cove!!!

It is wonderful to see so many returning coordinators and volunteers! Deep Cove's low turn over rate is testimony both to the commitment of our volunteers and to the fact that taking on these vitally important volunteer roles is enormously rewarding and satisfying.

Here are but a few of our esteemed coordinators ...

Martine Lunke and **Fiona Coleman** are heading up our committee that is devoted to our twin school, Motati, in Lesotho. **Michelle Bohnet** returns as Hot Lunch coordinator, **Dawn Mooney** is the Safe Arrival coordinator while **Karie Whitaker** is again going to assist us parents in the battle against those pesky headlice. **Grace Owen** has a new partner in the delivery of the BC Fruit and Vegetable Nutritional Program. Please extend a welcome to **Catie Oates-Hill** who replaces **Susi McMillan** in this program. Thanks Susi for your hard work and dedication last year and all the best in your new business endeavour!! **Eileen Wood** is ensuring that the Breakfast Club runs smoothly and has volunteered to head up the Grade 5 celebration committee as well. Thank you Eileen. **Sophie Johannesson** is taking inventory of the earthquake readiness bins. No stale food and water for us in the event of an earthquake thanks to Sophie! Newly minted in their positions are co-CPF representatives **Carolyn Jenkinson** and **Penny Sigouin**.

A full list of coordinators will follow shortly ... watch for it!

PAC Committee Coordinators Still Needed

Lunchtime 1-2 Club is a fun activity for our kids in the primary grades. The coordinator plans activities (games, crafts, YOUR ideas) and organize volunteers to come once or twice per week. Are you interested in health issues? You might enjoy coordinating Deep Cove's **Healthy Dolphins**, a committee that needs building from the ground up and would deal with nutrition, exercise, hand washing issues (other issues?) as they arise at our school. We are also looking for a coordinator for the **Lost and Found** area located in front of the SW doors. The coordinator and team of volunteers keep the area tidy and, 2 or 3 times per year, sends the unclaimed items to charity.

If you are interested in any of the available positions, please contact Janice Mosher iam_jmosher@yahoo.com for more information.

Christmas Fair Committee



The time has come to stop treating the Christmas Fair coordinator as a task for a single individual. That model IS a viable one, after all, we have seen it accomplished many times before when a person is able to grow into the role over a couple of years. But sometimes such a person is lacking, and it seems prudent and wise (and perhaps easier and more fun too!) to share the task between an "old hand" or two who can provide expertise about how the fair was conducted last year (and the year before that (and the year before that!)) and a couple of newish folk who will keep the fair fresh with new ideas and enthusiasm (and who will be able to pass on their expertise in a few years to the next batch of newbies).

Our "old hands", past coordinators Linda Scholten and Martine Lunke, are willing (and have already started) to act as consultants to confer with potential committee members, venue coordinators, and other interested parents to get the fair rolling and to monitor progress. And, as matter of fact, the fair is already beginning to roll (see the Ho Ho Ho blurb on page 6 for details). We **URGENTLY** need a few other parents to round out the committee ... How about you?

What does coordinating the Christmas Fair involve? To be clear, coordinating does not involve the daunting prospect of creating an event from the ground up. Rather, pulling off this very successful and popular annual event requires ensuring that the tried and true mechanisms for success happen as they should. This process is outlined in detail in the Christmas Fair Coordinators' binder. Deep Cove School has held successful Christmas Fairs for the past 28 years...with your help, we can do it again! **PLEASE** consider joining this committee!

If you would like to chat about joining the Fair committee, please contact Christine or Janice.



COPACS NEWS

Focus on Fathers – two day forum in Victoria, BC

This fall, parent educators and family support workers from all over BC will have the opportunity to come together in Victoria to **Focus on Fathering**.

A two-day forum organized and hosted by the Father Involvement Network of BC, **Focus on Fathering** gathers together a diverse group of speakers - researchers and academics, sports figures, experienced professionals, government representatives and more - to share their unique perspectives on modern fatherhood, in all its complexity.

Participants at the forum will also enjoy the unique opportunity to:

- engage in collaborative dialogue with peers and colleagues from across the province on the issues and challenges facing fathers,
- exchange their perspectives and share experiences,
- develop new insights to enrich their practice.

For more information about this event, [see our website](#), download the [registration package \(pdf\)](#) or contact David Sheftel, coordinator of the Father Involvement Network, at 604.660.0675/davids@bccf.bc.ca

Creating Respectful Workplace and Communities

Working together to combat bullying and psychological harassment in the workplace and community -

Barbara Coloroso "*The Bully, the Bullied, and the Bystander: Breaking the Cycle of Violence in the Workplace and Community.*" **Nov. 11, 2008 at 8:00 pm**, University of Victoria, David Lam Auditorium

Dr. Gary Namie "*Workplace Bullying: Health, Hazard, and Moral Quagmire.*" **Nov. 13, 2008 at 8:00 pm**, University Centre, Auditorium



Got Booster Seats?

As of July 1st, booster seats are the law for children under 4' 9" in height or under 9 years of age. Please remember when you volunteer to drive for school field trips, or bring a friend home from school, that you are responsible to ensure that every child is in a properly installed, and correctly used, booster seat. Got Questions?

Visit: http://www.icbc.com/road_safety/pdf/ts264z.pdf or http://www.tsfbcaa.com/child_safety_seats

Lesotho group Update: Zippers and Enthusiasm Wanted!

A few Deep Cove families joined the congregation of St John's United Church last week for a special service with a focus on Africa. We were able to talk about our twin school, Motati School in Lesotho, and about the efforts of Deep Cove School to help. We all left infused by the positive energy of the folks from St John's and impressed by their commitment to social justice. It is really a privilege for Deep Cove School to be able to form a partnership with them in our efforts to help the community of Motati School. We also had an opportunity to learn more about other local efforts to support Africa.

Trudy Bennett, a member of St John's who also volunteers in our school, has come up with a creative way to support several good causes. She uses donated and recycled materials to sew dresses for little girls in Africa, thereby allowing them to attend school. She also sews reusable shopping bags and sells them here in Victoria to raise funds for Africa. Some of Trudy's creations will be available for sale at the Lesotho room at the Christmas Fair, and all proceeds will go to Help Lesotho. In the spirit of doing more with less, she reuses materials whenever possible. She is presently in need of a few used (but laundered) vinyl shower curtains and some zippers and buttons. If your children have used their clothes to the point where they can really not be passed on to somebody else, then think about cutting the zipper and or the buttons out and dropping them off at school. We will have a box available at the school entrance to collect these items. There is no need to unsew the item, just cutting the fabric around them will do.



The Lesotho group is formed of Deep Cove families who want to get involved in our twinning project with Motati School. We will meet soon to plan the activities for the year. If you would like to get involved, or just to get more information, please call me or e-mail me any time (martinelunke@uniserve.com; 656-5658).

Special Funding Requests

In each PAC annual budget, funds are set aside to be allocated the following school year. This process, known as Special Funding Requests, got underway this year on September 30th when the PAC executive got together with Rob to discuss and evaluate parent and teacher Special Funding Requests. See the list below of recommended allocations for this year. We will vote on the recommendations at the first PAC general meeting Wednesday, October 15th, at 7 pm. Please plan to attend!

Special Funding Requests

Please see below, an amended table of proposed Special Funding Requests to be voted on at the next PAC General Meeting on October 15. The original proposal was amended due to misreading the robotics proposal and approving only a portion of the requested funding. The requested funding for the robotics are corrected in the table below. Please read this and all recommended expenditures and come out to vote on them this Wednesday!

Deep Cove Elementary PAC School Year 2008-09

Recommendations Made by the PAC Executive, October 8, 2008

EXPENSES

Expenses proposed by parents/PAC

School in Need	\$1,000
Buses & field Trips	\$9,000
Class Envelopes	\$750
Track Jerseys (50 small)	\$700

Expenses proposed by Staff

Document Camera X2	\$2,000
LCD Monitors	\$4,000
Science Equipment	\$750
Robotics	\$1,450

Curriculum

Can Lit	\$1,150
Red Cedar	\$750
Magazines	\$450
Guided Reading	\$2,200

Other

Author Visit	\$700
Xing Guard	\$1,500
Dansko Dance Studio (A.I.R.)	<u>\$3,000</u>

TOTAL:	\$29,400.00
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Ho, ho, ho! Merry Christmas Fair!

Many Christmas Fair coordinator positions are filled ALREADY!!!

Deep Cove parents, you are truly amazing. Among our keen group of returning coordinators are **Robin Grist**, Master of Ceremonies at the ever popular Cake Walk, **Michelle Bohnet**, who runs a mean Bake Sale (can't you just taste that gingerbread already?) and **Hugh Owen**, the dedicated soccer Dad who doesn't mind channeling his coaching skills into keeping a gentle but firm lid on the exuberance that bubbles up during the Big Gym games. **Shelley Rebneris** claimed the raffle ticket sales while **Michelle Osborne** and **Carol Hoedemann** are on the hunt for Raffle and Silent Auction items (you GO gals!!!). **Dawn Mooney** (what would Deep Cove do without Dawn?) has agreed to help count the proceeds! **Grace Owen** will help keep the winter chill out of our bones by pouring hot chocolate and **Heather Minielly** will help keep our strength up by providing lots of delicious snacks in Café Noel. **Alison Coley-Donohue** has pointed out poinsettia sales as her venue and **Tara Bowler** is already facing the face painting venue by braving the Hallowe'en crowds to buy supplies. **Linda Scholten** returns to the Christmas fair as the Emporium coordinator. As well, no fewer than 59 people have already volunteered to help out with something ... baking appetizers or treats, crafting, donating items to the auction, etc., etc.

Thank you all!

Stay tuned!! The boxes at the office will be there before you know it to gratefully receive your gently used stuffies, books, and emporium items. All that stuff cluttering up your cupboards and bookshelves can be re-gifted soon and placed in a good home ;)

Other Christmas Fair Venues are Fair Game ... Any takers?

Two other popular Christmas venues could do with their coordinators coming forward earlier rather than later. The **Primary Games** and the **Wacky Hair** venues require candy (and other goodies) and oodles of hair products to be purchased, respectively. Now is an excellent time to purchase these items inexpensively as the stores are filled with Hallowe'en supplies.

Other venue coordinators needed are for the Book sale, Primary and Intermediate Bounce, Snocones, Ice cream, Santa photos, prizes, Christmas in the Barn, Stuffies, Tickets, Signs and Advertising, Coat Check, and Nail Care.

If any of these venues tickle your fancy and you can spend an hour or two shopping in the near future, please let Christine, Karen, or Janice know. We'd be happy to provide details. Let's get these fun venues well underway!!!

2008/9 Deep Cove PAC Executive Committee Contact Information

Christine Kenwood	Co-president	c.kenwood@shaw.ca
Karen Gartside	Co-president	karen.gartside@shaw.ca
Tara Houle	Treasurer	houley@shaw.ca
Julie Kaye	Secretary	j_m_kaye@hotmail.com
Chris Swain	Parent Ed. Coord.	ccswain@shaw.ca
Janice Mosher	Volunteer Coord.	iam_jcmosher@yahoo.com
Martine Lunke	Special Events Coord.	martinelunke@uniserve.com
Kim Dennis	Newsletter Editor	akmedennis@shaw.ca
Lisa Coulson	Past president	lmcoulson@shaw.ca
Grace Owen	COPACS Rep.	graceowen@shaw.ca
Carolyn Jenkinson CPF	Co-rep.	carolyn.jenkinson@telus.net
Penny Sigouin	CPF Co-rep	gplsigy@telus.net

Visit our website www.deepcovepac.ca